Getting to the heart of the matter, young people shared how acceptance would change the way they think and feel about themselves.

They said:
- I would feel more confident
- I would believe in myself
- I would love and accept myself
- I would be true to myself
- I would be able to find my value
- I would not feel like a bad kid
- I would feel wanted
- I would feel accepted, supported, and worthy
- I would feel welcomed and supported
- I would feel happier and understood
- I would feel I am loved and cared for as I am
- I would not feel shameful
- I would feel empowered
- I would feel the right to be unique
- I would have the ability to live and thrive
- I would smile again
- I would feel free to share my feelings
- I would feel important and valued
- I would have a stronger, more positive sense of self
- I would feel like I have a place in my community
- I would better understand myself and the world I live in
- I would have a happier, healthier lifestyle
- I would be more willing to share
- I would feel better about myself
- I would feel self-love
- I would feel more positive
- I would feel good about myself
- I would learn, grow and thrive
- I would have a healthier mind set
- I would have a healthier self-image
- I would feel successful
- I would be more comfortable being a part of my community
- I would feel encouraged and empowered
- I would feel successful in my goals
- I would have some fun along the way
- I would feel I can achieve independence and stability
- I would have self-acceptance
- I would strive to contribute to my community
- I would have self-esteem
- I would have normalcy
- I would have a successful, normal, and cultivated life
- I would be able to enjoy things other children enjoy
- I would be confident and wouldn’t isolate myself

"I would feel like the sky’s the limit!"

#youthvoice
#acceptance

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