



Application for the **Certified Family Peer Specialist** credential requires evidence of completion of **at least 88 hours** of training completed within the **last five (5) years** that address the five (5) national core competencies that embody the skills, knowledge and abilities of Certified Family Peer Specialists in their work supporting parents and families. Contact hours are the actual number of hours spent receiving *or delivering* training (in person or online). Applicants may apply **up to twenty (20) hours** in which they served as the trainer toward the 88-hour training requirement. Please complete the form below to accompany your CFPS application. **Note:** When listing more than 8 hours for one course, additional course dates must be included. For the “What did you learn” section, please use either bullet points or separate paragraphs for your descriptions.

NOTE: Each training can only be listed once. **All 5 competencies must be included within the 88 hours.**

- **Applicant’s Name:** Jane Smith
- **Applicant’s Cell Phone Number:** (123) 456-7890
- **Applicant’s Work Phone Number:** (123) 456-7890
- **Applicant’s Work Email Address:** jsmith@fro.org
- **Applicant’s Place of Employment:** ABC Family Run Organization
- **TOTAL Number of Hours Documented:** 88

Date(s) Attended 7/19/19	Training Title A Family's Guide to the Child Welfare System	Trainer(s) Name and Credentials Tammy Trainer, LCSW
# of Contact Hours 2	Description of Training Review of the Guide that follows a family’s path through the child welfare system from first contact, answering common questions and sharing family stories.	
<p>Core Competency Addressed: Check which of the five (5) national core competencies the training addressed. Select all that apply.</p> <p><input type="checkbox"/>Effecting Change <input type="checkbox"/>Professional Responsibilities <input checked="" type="checkbox"/>Systems Knowledge and Navigation <input type="checkbox"/>Wellness and Resiliency <input type="checkbox"/>Resources and Natural Supports</p>		
<p style="text-align: center;">What did you learn in this training that will be useful in your work as a Certified Family Peer Specialist?</p> <ul style="list-style-type: none"> • Understanding of parent rights in the child welfare system to support them advocating for their child and family's needs. <ul style="list-style-type: none"> • How to encourage parents to use their voice to share what works for them and their child. <ul style="list-style-type: none"> • How to support families in navigating the child welfare system 		

Date(s) Attended 6/28/19	Training Title Planning for a meeting about your child's behavior needs	Trainer(s) Name and Credentials Thomas Trainer, Ph.D.
# of Contact Hours 2	Description of Training Discusses strategies for working with schools to address child's behavior needs and viewing behavior as an opportunity. This includes positive behavior skills, questions to ask, and updating the IEP	
<p>Core Competency Addressed: Check which of the five (5) national core competencies the training addressed. Select all that apply.</p> <p> <input type="checkbox"/>Effecting Change <input type="checkbox"/>Professional Responsibilities <input checked="" type="checkbox"/>Systems Knowledge and Navigation <input type="checkbox"/>Wellness and Resiliency <input type="checkbox"/>Resources and Natural Supports </p>		
<p>What did you learn in this training that will be useful in your work as a Certified Family Peer Specialist?</p> <ul style="list-style-type: none"> • Assisting parents with questions to ask to better understand the behavior that is occurring. • Help parents understand the positive behavior strategies that can be used in school to support their child's needs. • Assist parents in knowing their options including requesting a functional behavior assessment, IEP behavior goals, and/or supplementary aids and services. 		

<p>Date(s) Attended 8/24/19</p>	<p>Training Title Understanding the Work & Role of the FPSS</p>	<p>Trainer(s) Name and Credentials Mary Trainer, MSW</p>
<p># of Contact Hours 4</p>	<p>Description of Training This training focused on the purpose of work in peer support: to be the family's voice, and to respect the family's choice. We focused on the agency's goal in peer support, which is to connect, support and empower families. We learned about the role of the FPSS.</p>	
<p>Core Competency Addressed: <i>Check which of the five (5) national core competencies the training addressed. Select all that apply.</i></p> <p> <input checked="" type="checkbox"/> Effecting Change <input checked="" type="checkbox"/> Professional Responsibilities <input type="checkbox"/> Systems Knowledge and Navigation <input type="checkbox"/> Wellness and Resiliency <input type="checkbox"/> Resources and Natural Supports </p>		
<p>What did you learn in this training that will be useful in your work as a Certified Family Peer Specialist?</p> <p>I learned about the role of the FPSS. This is a unique position that feels like a friendship with a professional boundary. This relationship isn't a medical referral, a counselor, or an "expert".</p> <p>Our role in peer support is to bring hope, to provide support in times of crisis, and to help the family develop strategies to tame the chaos in their home and to establish natural supports as professional support fades with the resilience and improved wellness and strength of the family unit.</p>		

<p>Date(s) Attended 4/12 & 4/14, 2020</p>	<p>Training Title Behavior is Communication (2-day training)</p>	<p>Trainer(s) Name and Credentials Professor Jane Doe, Ph.D.</p>
<p># of Contact Hours 14</p>	<p>Description of Training Explains the perspective that behaviors have a purpose, and there are multiple factors that affect behavior. Also offers strategies to encourage positive behaviors.</p>	
<p>Core Competency Addressed: Check which of the five (5) national core competencies the training addressed. Select all that apply.</p> <p><input checked="" type="checkbox"/> Effecting Change <input type="checkbox"/> Professional Responsibilities <input checked="" type="checkbox"/> Systems Knowledge and Navigation <input type="checkbox"/> Wellness and Resiliency <input type="checkbox"/> Resources and Natural Supports</p>		
<p>What did you learn in this training that will be useful in your work as a Certified Family Peer Specialist?</p> <ul style="list-style-type: none"> • Assist parents in understanding that children's behavior is a form of communicating a specific need. • Helping parents to understand the relationship their child's disability has to behaviors being displayed. • Providing parents with tips and strategies to use on a daily basis including catching their child being good, avoiding power struggles, and when and where to reach out for additional support. 		

Date(s) Attended 8/1/18	Training Title Understanding ADHD	Trainer(s) Name and Credentials Patricia Presenter, CFPS Supervisor
# of Contact Hours 2	Description of Training Defines ADHD, some of the symptoms, and what parents can do if they think their child has ADHD. This training also goes over the complex diagnosis process.	
Core Competency Addressed: <i>Check which of the five (5) national core competencies the training addressed. Select all that apply.</i> <input type="checkbox"/> Effecting Change <input type="checkbox"/> Professional Responsibilities <input checked="" type="checkbox"/> Systems Knowledge and Navigation <input type="checkbox"/> Wellness and Resiliency <input type="checkbox"/> Resources and Natural Supports		
<p style="text-align: center;">What did you learn in this training that will be useful in your work as a Certified Family Peer Specialist?</p> <ul style="list-style-type: none"> • Help parents understand what ADHD is and the symptoms that are a part of this diagnosis. • Provide parents with strategies to support them at home and in the community for issues with attentiveness, distractibility, and focus. <ul style="list-style-type: none"> • Assist parents in understanding school supports including an initial evaluation for an IEP, 504 plans, and accommodations. 		